

### Groupwide periodic health checkup results

| Priority Issues              | Setting KPIs                     | Change |        |        |        |        |             |
|------------------------------|----------------------------------|--------|--------|--------|--------|--------|-------------|
|                              |                                  |        | FY2020 | FY2021 | FY2022 | FY2023 | FY2024      |
| Preventing lifestyle-related | Adequate weight maintenance rate | Male   | 61.7%  | 64.1%  | 64.5%  | 64.7%  | 65.0%Target |
|                              |                                  | Female | 67.7%  | 63.0%  | 67.8%  | 68.6%  | 69.0%Target |
|                              | Blood pressure                   | Total  | 82.4%  | 84.0%  | 80.4%  | 78.4%  | 80.5%Target |
|                              | Liver function                   | Total  | 74.2%  | 77.1%  | 77.7%  | 75.1%  | 77.0%Target |
|                              | Lipid                            | Total  | 50.4%  | 54.9%  | 55.3%  | 53.8%  | 55.7%Target |
|                              | Blood sugar                      | Total  | 79.6%  | 84.7%  | 82.3%  | 81.5%  | 82.5%Target |

- Adequate weight maintenance rate : BMI 18.5 to less than 25
- Lipid : Neutral fat less than 150 mg/dl, LDL cholesterol less than 120 mg/dl, and HDL cholesterol more than 40 mg/dl
- Blood pressure : Systolic less than 130 mmHg and diastolic less than 85 mmHg
- Blood sugar : Fasting blood glucose less than 100 mg/dl
- Liver function : AST less than 31, ALT less than 31, and  $\gamma$ -GT less than 51